

PSHE Lesson Plan: Understanding the Dangers of Knife Crime

Objectives:

- To understand the risks and consequences of carrying and using a knife.
- To explore strategies for staying safe and avoiding involvement in knife crime.
- To reflect on the impact of knife crime on individuals and communities.

Materials Needed:

- Video on knife crime (as described in the transcribed text)
- Whiteboard and markers
- Handout with key points from the lesson
- Projector and computer to show the video

Lesson Structure:

Introduction (10 minutes)

1. **Welcome and Introduction:** Briefly introduce the topic of knife crime and the objectives of the lesson.
2. **Discussion Starter:** Ask students if they have ever heard about knife crime incidents in the news and what their initial thoughts are about carrying a knife for protection.

Video Viewing (16 minutes)

1. **Setup:** Explain that the video they are about to watch includes real-life stories and statistics about knife crime.
2. **Watch Video:** Play the video on knife crime. Ask students to take notes on key points that stand out to them.

Post-Video Discussion (15 minutes)

1. **Initial Reactions:** Ask students to share their thoughts and feelings about the video. What surprised them? What did they learn?
2. **Key Points Review:** Highlight and discuss the following points from the video:
 - The increase in knife crime incidents.
 - The personal story of Dom and the impact of being stabbed.
 - The legal consequences of carrying and using a knife.
 - The importance of making safe choices.

Activity: Scenario Analysis (15 minutes)

1. **Group Work:** Divide the class into small groups. Give each group a scenario involving a potential knife crime situation (e.g., being provoked by someone, witnessing a conflict).
2. **Discussion:** Ask each group to discuss what they would do in the given situation and how they could stay safe without resorting to carrying a knife.
3. **Presentation:** Have each group present their scenario and solutions to the class.

Safety Strategies (10 minutes)

1. **Presentation:** Go over practical tips for staying safe, as mentioned in the video:
 - Staying aware and trusting your instincts.
 - Sharing your location with friends or family.
 - Avoiding poorly lit areas and taking well-lit routes.
 - Using personal alarms and legal self-defense tools.
2. **Handout:** Distribute the student handout with key safety strategies and the main points discussed in the lesson.

Conclusion (5 minutes)

1. **Reflection:** Ask students to reflect on how the information in the lesson will impact their choices in the future.
2. **Closing Remarks:** Emphasize the importance of making the right decision and staying safe. Encourage students to share what they've learned with others.