

# Student Handout: Understanding the Dangers of Knife Crime

### **Key Points:**

### 1. The Risks of Carrying a Knife:

- Carrying a knife increases your risk of being involved in a violent incident.
- o Even if you carry a knife for protection, it can easily be used against you.

#### 2. Statistics:

- There is a knife offence every 15 minutes in the UK.
- In the 12 months to March 2022, there were 282 murders involving a knife or sharp instrument in England and Wales.
- Nearly 2 young people are murdered every week due to knife crime.

#### 3. Consequences of Using a Knife:

- If you stab someone, you can be charged with murder and face a life sentence.
- o Carrying a knife can result in up to 4 years in prison and an unlimited fine.
- Being caught with a knife will leave you with a criminal record, affecting your future job prospects.

## 4. Personal Story - Dom:

- Dom was stabbed while trying to avoid a confrontation.
- The stab wound caused severe internal bleeding and nearly cost him his life.
- The aftermath included significant physical and emotional pain and life-changing injuries.

#### 5. Safety Tips:

- Stay Aware: Always be aware of your surroundings and trust your instincts.
- Share Your Location: Let friends or family know where you are.
- Avoid Dark Areas: Use well-lit routes and avoid shortcuts through dark or isolated areas.
- Use Safety Tools: Carry a personal alarm and consider taking self-defense classes.
- Stay Connected: Keep your phone charged and easily accessible.

#### 6. Legal Considerations:

- o Police can stop and search you if they suspect you are carrying a weapon.
- Being found with a knife can result in immediate arrest and prosecution.

### **Reflection Questions:**

- 1. How does carrying a knife increase the risk of harm to yourself and others?
- 2. What are some alternative ways to stay safe without carrying a knife?
- 3. How can you help spread awareness about the dangers of knife crime?

**Remember:** Carrying a knife is not worth the risk. Make safe choices, stay aware, and protect yourself and others by avoiding involvement in knife crime.

Stay Safe. Stay Alive.