# Lesson Plan: "Zooming with Science: Make Your Own Balloon Car"

**Age Group**: 5 years and up **Duration**: 30-45 minutes

## **Objective:**

Students will learn about the principles of air pressure and propulsion by creating and racing their own balloon-powered cars.

### **Materials Needed:**

- Video Tutorial by DiscoverlifeSkills.com: "Zooming with Science: Make Your Own Balloon Car"
- Cardboard
- Straws
- Bottle caps
- Tape
- Balloons
- Scissors (for teacher use or under supervision)
- Rulers (optional, for measuring)
- Smooth surface for racing

# Introduction (5 minutes):

# 1. Greeting & Warm-up Discussion:

 Start with: "Today, we're going to make our very own cars that run on air! Have you ever wondered how cars move? We'll explore that by building a balloon-powered car."

# 2. Introduce the Concept:

Explain: "When we blow up a balloon and let go, the air rushing out makes the car move. This shows how air pressure can make things go!"

## Main Activity (20-30 minutes):

- 1. Watch the Video (5 minutes):
  - Play the video tutorial "Zooming with Science: Make Your Own Balloon Car."
  - Ask students to pay attention to how the car is built and how the balloon helps it move.
- 2. Build the Balloon Car (15-25 minutes):
  - Step 1: Gather Materials (2 minutes):
    - Distribute materials to each student or group.
  - Step 2: Create the Car Body (5 minutes):
    - Have students cut out a small rectangle from the cardboard to serve as the body of the car.
  - Step 3: Add Wheels (5 minutes):
    - Attach bottle caps to the bottom corners of the cardboard using tape to act as wheels.
  - Step 4: Add Axles (5 minutes):
    - Tape straws onto the sides of the cardboard to act as axles for the wheels.
  - Step 5: Attach the Balloon (5 minutes):
    - Tape the opening of a balloon to the back of the car, ensuring it is sealed tightly.
- 3. Test the Car (5 minutes):
  - Ready, Set, Go:
    - Inflate the balloon by blowing air into it, pinch the opening to keep the air in, place the car on a smooth surface, and release the balloon to watch the car move.

# **Discussion and Reflection (5-10 minutes):**

1. Group Discussion:

- Ask: "How did your car move? What happened when you let go of the balloon?"
- Discuss the concept of air pressure and propulsion: "The air rushing out of the balloon pushes the car forward, demonstrating how air can create movement."

# 2. **Encourage Experimentation**:

 Invite students to experiment with different sizes of balloons or car designs to see how it affects the car's performance.

#### **Extension Ideas:**

- Racing Challenge: Organize a race to see whose car travels the farthest.
- **Science Connection**: Discuss how this principle of air pressure is similar to how real rockets and airplanes use air to move.

This lesson engages students in a hands-on activity that demonstrates fundamental scientific principles in a fun and interactive way. By building and racing their own balloon cars, students gain a practical understanding of air pressure and propulsion.